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# If You Want To Be Terrific, You Need To Be Specific: 50 Tips on How To Heal Your Heart After a Relationship Has Ended

*Ellen Gerst*

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*Ellen Gerst*

**If You Want To Be Terrific, You Need To Be Specific: 50 Tips on How To Heal Your Heart After a Relationship Has Ended** Ellen Gerst
If you want to be terrific, you need to be specific! This is great advice for any venture you may undertake, including learning how to heal your heart after a relationship has ended due to divorce, death or break-up.

Mourning the demise of a relationship is a time of uncertainty, which can be regarded as both a transitional and transformative phase of one's life. As you move through your fear, figure out the "new you" and learn to be independent, you start to repair your broken heart. You can emerge from this time, stronger and ready and willing to welcome new life and love.

"50 Tips on How To Heal Your Heart After A Relationship Has Ended" is the first in a series of three books, which, when read in totality, can help you heal your heart, look for love in all the right ways, find that special someone and develop a healthy and successful relationship.

The series includes: VOLUME I: "50 Tips on How To Heal Your Heart After the A Relationship Has Ended"; VOLUME 2: "50 Tips on How To Date With Success"; and VOLUME 3: "35 Tips on How To Enhance Your Relationship."

As an added bonus, throughout the books, you will be directed to a related video or essay that the author has published on the subject matter. All of Ellen Gerst's books are interrelated, so you will also be directed to other titles that delve more deeply into the subject matter being discussed.

Each tip is concise and easy-to-read. You can read all three volumes for a complete picture or just choose the one that corresponds to the place where you find yourself right now, whether it be the healing phase, getting ready to date, or looking to enhance and keep a relationship vibrant. Volume 3 is especially good for new couples who want to establish healthy patterns at the outset of their relationship.

For more information, visit Ellen Gerst's website at http://www.LNGerst.com and connect with her via Facebook for dating and relationship tips.
http://www.facebook.com/FindingLoveAfterLoss

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