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Dukan Diet Attack Phase Recipes : Kickstart Dukan Diet and Lose Weight Fast with 60+ Delicious Recipes , Food Lists and 7 Day Meal Plan for the First Phase of the Dukan Diet

Samantha J. Louis

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INCLUDES ALLOWED FOODS LIST AND 7 DAY MEAL PLAN

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The truth is you can lose weight easily and you can lose it fast with the help of right guidance. **A guidance that is only offered in this book.**

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- The Rules of The Attack Phase
- Allowed Foods for The Attack Phase
- Brekfast Recipes for The Dukan Diet Attack Phase
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