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How to Lose Massive Weight with the Alkaline Diet: Alkaline Diet for Weight Loss, Wellness and Health. Feel Energized for Life with the Alkaline Diet! ... Recipes, Alkaline Cookbook) (Volume 1)

Marta Tuchowska

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Weight Loss, Wellness and High Energy Levels with the Alkaline Diet!

Do you want to lose weight in a healthy way? Why don't you go alkaline? The Alkaline Diet can help speed up weight loss and improve wellness and health at the same time. The Alkaline recipes are delicious! Learn the alkaline rules and lose massive weight in a healthy and balanced way! Here Is A Preview of What You'll Learn From "How To Lose Massive Weight With The Alkaline Diet": -The Alkaline View of the Weight Loss Process -How to Use the Alkaline Diet to Lose Weight Effectively -Alkaline Recipes and Alkaline Tips to Create Healthy and Delicious Meals! -Alkaline Foods for Weight Loss -Alkaline Drinks for Weight Loss -Super Alkaline Juicing for Massive Weight Loss -Other Super Foods That I Will Help You Lose Weight In A Healthy Way -The Body and Mind Benefits of the Alkaline Diet -How to Stay Motivated and Keep on TRack Much, Much More! **Weight Loss and High Energy Levels Will Be Your New Friends!**

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