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Culture and Mental Health: Sociocultural Influences, Theory, and Practice

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Culture and Mental Health: Sociocultural Influences, Theory, and Practice
Culture and Mental Health takes a critical look at the research pertaining to common psychological disorders, examining how mental health can be studied from and vary according to different cultural perspectives.

- Introduces students to the main topics and issues in the area of mental health using culture as the focus
- Emphasizes issues that pertain to conceptualization, perception, health-seeking behaviors, assessment, diagnosis, and treatment in the context of cultural variations
- Reviews and actively encourages the reader to consider issues related to reliability, validity and standardization of commonly used psychological assessment instruments among different cultural groups
- Highlights the widely used DSM-IV-TR categorization of culture-bound syndromes

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