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The Instant Pot® Electric Pressure Cooker Cookbook: Easy Recipes for Fast & Healthy Meals

Laurel Randolph

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Make Meal Planning A Cinch With Healthy, Family-Friendly Pressure Cooker Recipes

Maybe you already own an Instant Pot®?but do you realize all that your pressure cooker can achieve? Are you ready for the perfect electric pressure cookbook companion for your Instant Pot®?

With *The Instant Pot® Electric Pressure Cooker Cookbook*, you'll explore an inspiring variety of healthy, easy-to-make pressure cooker recipes?from savory breakfasts to hearty stews to decadent desserts, and more. Packed with nutritious, family-friendly pressure cooker recipes?plus vegetarian, gluten-free, and Paleo-friendly options?*The Instant Pot® Electric Pressure Cooker Cookbook* is your go-to guide for fuss-free, all-in-one cooking.

Unlock the endless possibilities for creating a wide range of delicious one-pot dishes, with:

- **No-fuss meals:** discover 100+ pressure cooker recipes using only wholesome, healthy ingredients
- **Low-maintenance:** prep times, pressure levels, and cooking times accompany each recipe
- **Handy prep labels:** from super-fast meals (20-minutes-or-less) to longer prep times (45-minutes-or-less to one-hour-or-longer) to kid-friendly dishes
- ***No pressure*** pressuring tips: *Instant Pot® tips and techniques help you master your skills*

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