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Have a Happy Family by Friday: How to Improve Communication, Respect & Teamwork in 5 Days

Dr. Kevin Leman

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Every member of a family plays a vital role in the health and happiness of the household. Everyone is important, deserves to be treated with love and respect, and needs to know that when they make mistakes they will still be loved unconditionally. And when every member of the family is pulling for each other and on the same team, everybody wins. But is this kind of family life even possible?

Parenting expert Dr. Kevin Leman says it is, and he's ready to show moms and dads exactly how they can make it happen in their family--in just five days. He shows families how to

· communicate honestly and kindly
· prioritize the right things
· maintain great attitudes and behaviors
· determine the role they play in the family structure
· make family time count

As always, Dr. Leman's outstanding advice is laced with humor, great stories, and the wisdom that comes only from a lifetime of experience.

For parents who've had it up to here with bickering, hurt feelings, and emotional exhaustion, *Have a Happy Family by Friday* is just what the doctor ordered.

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