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Spiritual Kinesiology Magic in Minutes: Change Your life With the "Heart and Soul" of Healing Power

Phillip Mountrose, Jane Mountrose

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This little guidebook provides a comprehensive self-help system you can use to pinpoint what's holding you back and make positive changes in your life. If you're like us, you've probably found that you're not always feeling as well as you'd like in body, emotions, mind and spirit. This can be frustrating if you can't tell identify exactly what's wrong, clear it and move on.

Spiritual Kinesiology has been shown to provide relief from these challenges and more. The best part is that it only takes minutes once you learn the simple steps. This little book also describes how to access your most important resource, your inner guidance and wisdom. SK, as it is often called is a simple, non-invasive technique for overcoming barriers that prevent too many people from moving forward and creating the lives they are meant to life.

Many people are seeking simple ways to break through old stressful patterns and open new doors to the joy-filled lives they desire and deserve. Whether you want to feel better emotionally, mentally, spiritually, or even physically, the processes you'll learn in this book may be the solution you're seeking.

Spiritual Kinesiology Magic in Minutes may be for you if you want the following:

1. Pinpoint what's blocking your well-being with kinesiology.
2. Open to the healing power of your heart and soul.
3. Eliminate obstacles with an amazingly simple process that can make powerful shifts in minutes.
4. Enjoy the freedom that comes from empowering yourself to make positive changes in your life.
5. Discover how easily you can access inner guidance and wisdom and move forward with joy and ease.

Sound impossible? It's not. Tapping into the healing power of the heart and soul is easier than most people think. You'll also learn how the latest science is validating and enhancing our understanding of spiritual principles that have come down to us through the ages.

It's all coming together now. Spiritual Kinesiology has been used by thousands of people for nearly two decades now with surprising success. With some simple instructions, most people start to notice measurable results almost immediately. You may even find that you feel better and more empowered just by reading the book. No special talents or skills are required. The processes have been time tested and they work!

The connection you'll make with your heart and soul is especially empowering. It's a simple process that has been shown to transform lives in amazing ways. Anyone with an open mind can access this energy for healing and spiritual enrichment. Spiritual Kinesiology even works for people who don't believe that it could work.

Here is a summary of some of the specific things you will receive:

1. A comprehensive system for identifying and clearing obstacles on all levels - body, emotions, mind, and

spirit
2. How science and spirituality are merging and identifying new possibilities for healing and spiritual growth
3. Checklists for pinpointing exactly what is holding you back so you can deal with it and move on.
4. One of the easiest and most effective spiritual clearing techniques ever for addressing the issues you identify with kinesiology.
5. A simple process you can use any time to connect with your own source of guidance and wisdom
6. A new sense of well-being, confidence, and clarity.

It's worth noting that one of the worst mistakes many people make is never trying anything new. The processes in this book are probably different. Regardless, this little guidebook is a gem and this is an opportunity for you to learn how easy it can be to change your life.

What if you CAN access tremendous spiritual power for healing and spiritual growth? What if you CAN change your life in surprisingly wonderful ways? You're just a few clicks away.

Interested learners, kinesiology students, holistic health practitioners , coaches, health care professionals will benefit from this concise, how-to book for adding valuable tools a

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