Google Drive



Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential

James Autio

Download now

Click here if your download doesn"t start automatically

Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential

James Autio

Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential James Autio
An astonishing trend has been cultivated for over 20,000 years… call it technological divergence. Since the invention of civilization, Homo sapiens have had a single-minded purpose: reduce the physical cost of living to zero. But there are increasing biological and ecological costs as mankind's lifestyle diverges from our genome's programmed expectations and disconnects from our symbiotic relationship with nature. Envision the American lifestyle in 1950… in 2000… and now, fast-forwarding fifty more years, imagine a very possible future world where…

You have a personal vehicle that can fly on autopilot at 500 mph. You have a digital servant—better known as an avatar—that knows you better than you do. Just about anything you want to know is a verbal wish away. Your work is mental work; you create and process information by conversing with virtual reality holographic sunglasses with built-in microphone. Your avatar lives as a heads-up display on the special sunglass lenses. For your entire life, you live and work surrounded by steel, concrete, plastic, and glass, while in physical contact with noise, air, and water pollution.

You have a lifespan of 105: longevity is achieved by prolonging poor quality of life—call it managed disease care. Death is prevented for 105 years. In that time, you will be obese for 85 years and will manage diabetes for 75 years. You will be depressed more often than not. You will have two heart attacks and three angioplasties. From practically your first breath until the last, you will consume literally tons of fast food and heavily processed food byproducts composed of genetically-altered beef and poultry, highly refined grain products, dairy, trans-fatty acids, saturated fat, high-fructose corn syrup, synthetic flavoring ingredients, preservatives, artificial sweeteners, pesticides, herbicides, and hormones. Your odds of colon cancer are greater than three out of four, and Alzheimer's, one out of two. You personally don't know anyone who exercises; your body hasn't experienced sweat from physical exertion in over 25 years. Your biological net worth hovers around the poverty level, decade after decade, while your financial net worth experiences the miracles of compound interest.

The year is 2053. Scientists have developed the technology to talk—in plain English—to the human genome. What wisdom can mankind learn from direct conversations with the human genome? By the way, these circumstances may be depressing but this story is not.

Download Confessions of the Human Genome: Revealing Nature' ...pdf

Read Online Confessions of the Human Genome: Revealing Natur ...pdf

Download and Read Free Online Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential James Autio

---

From reader reviews:

Edris Sibert:

Your reading 6th sense will not betray you actually, why because this Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential guide written by well-known writer we are excited for well how to make book which can be understand by anyone who also read the book. Written inside good manner for you, dripping every ideas and writing skill only for eliminate your personal hunger then you still skepticism Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential as good book but not only by the cover but also with the content. This is one publication that can break don't determine book by its protect, so do you still needing one more sixth sense to pick this kind of!? Oh come on your reading sixth sense already told you so why you have to listening to one more sixth sense.

James Rodriguez:

Beside this kind of Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential in your phone, it could possibly give you a way to get more close to the new knowledge or information. The information and the knowledge you are going to got here is fresh from the oven so don't be worry if you feel like an aged people live in narrow small town. It is good thing to have Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential because this book offers for your requirements readable information. Do you oftentimes have book but you seldom get what it's facts concerning. Oh come on, that would not happen if you have this inside your hand. The Enjoyable arrangement here cannot be questionable, similar to treasuring beautiful island. Techniques you still want to miss it? Find this book along with read it from at this point!

Rose Bennett:

Publication is one of source of information. We can add our knowledge from it. Not only for students but additionally native or citizen have to have book to know the upgrade information of year for you to year. As we know those textbooks have many advantages. Beside we all add our knowledge, may also bring us to around the world. With the book Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential we can take more advantage. Don't you to be creative people? To become creative person must choose to read a book. Just simply choose the best book that acceptable with your aim. Don't always be doubt to change your life at this time book Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential. You can more inviting than now.

Kevin Vickers:

Reading a e-book make you to get more knowledge from the jawhorse. You can take knowledge and information coming from a book. Book is prepared or printed or outlined from each source that filled update of news. In this particular modern era like currently, many ways to get information are available for anyone.

From media social such as newspaper, magazines, science e-book, encyclopedia, reference book, book and comic. You can add your knowledge by that book. Are you ready to spend your spare time to spread out your book? Or just seeking the Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential when you desired it?

Download and Read Online Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential James Autio #CM4OY2TH5BA

Read Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential by James Autio for online ebook

Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential by James Autio Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential by James Autio books to read online.

Online Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential by James Autio ebook PDF download

Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential by James Autio Doc

Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential by James Autio Mobipocket

Confessions of the Human Genome: Revealing Nature's Wisdom to Increase Your Physical & Mental Potential by James Autio EPub