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Are You Socially Awkward?: How To Improve Your Social Skills To Have Better & More Engaging Conversations

A.J. Subul

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Do you feel that there should be a name tag stamped on your forehead labelled "socially awkward"? Do you believe that every interaction you have is more and more uncomfortable than the last? This book lays out causes and methods to prevent those awkward social conversations that many of us partake in. An array of topics are thoroughly analyzed and broken down in this book including eye contact, smiling, appropriate humor, anxiety control, and many more. There is also a section on how to deal with those imminent few seconds of awkward silence in a conversation that can make you want to fall into the depths of the Earth. Without giving too much away, if two people are comfortable in these moments of silence, it can actually strengthen a relationship. If you find yourself unsure and hesitant in social situations, this is the book for you. Real life examples are included here to further demonstrate the importance of certain issues such as alcohol consumption and confidence. Read the book to really refine your social skills and be able to talk to anybody in any situation. Follow this link for more information. http://alubus.wix.com/app-landing-page

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