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# Good to Go: A Guide to Preparing for the End of Life

*Jo Myers*

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# Good to Go: A Guide to Preparing for the End of Life

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**Good to Go: A Guide to Preparing for the End of Life** Jo Myers
One of the few things in life that’s certain is death—and here’s a realistic, practical, and even humorous book about preparing for it. From cremation ("Making an Ash of Yourself") to funeral plans (“Plan and Plot Your Own Demise”) to choosing executors and dealing with family relationships, media figure Jo Myers covers it all.  It’s sure to appeal to boomers caring for aging parents and anyone else who needs help approaching this not-so-easy-to-talk-about subject.

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