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# Clean Start: 100 Recipes to Inspire You to Eat Clean and Live Well

*Terry Walters*

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**Clean Start: 100 Recipes to Inspire You to Eat Clean and Live Well** Terry Walters
Need a healthy lifestyle change? Clean food sensation Terry Walters—whose nutritional philosophy has been embraced all the way to the White House—shows how easy it can be to eat local, seasonally, and farm-fresh. With more than 100 quick and tempting vegan and gluten-free recipes, from Tomatillo and Yellow Plum Salsa to Polenta Pizza and even Cocoa Brownies, *Clean Start* provides inspiration to eat clean for health, pleasure, and the environment.

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