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# Autism Adulthood: Strategies and Insights for a Fulfilling Life

*Susan Senator*

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# Autism Adulthood: Strategies and Insights for a Fulfilling Life

*Susan Senator*

**Autism Adulthood: Strategies and Insights for a Fulfilling Life** Susan Senator
One of the biggest fears of parents with children with autism is looming adulthood and all that it entails. In her new book Susan Senator takes the mystery out of adult life on the autism spectrum and conveys the positive message that even though autism adulthood is complicated and challenging, there are many ways to make it manageable and enjoyable. From her own son with autism, now twenty-five, she has learned “never say never.”

*Autism Adulthood* features thirty interviews with autistic adults, their parents, caregivers, researchers, and professionals. Each vignette reveals firsthand a family’s challenge, their circumstances, their thought processes, and their unique solutions and plans of action. Sharing the wisdom that emerges from parents’ and self-advocates’ experiences, Senator adds her own observations and conclusions based on her long-term experience with autism. Told in Senator’s trademark warm, honest, and approachable style, *Autism Adulthood* paints a vivid and thought-provoking picture of many people grappling with grown-up, real-life autism. Senator’s is the only book of its kind, as real families share their stories and their creative solutions.

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